Mgr. Nikola Kallová, PhD. • Curriculum Vitae

 nikola.kallova@savba.sk +421908217885

Institute for Research in Social Communication • Slovak Academy of Sciences

EDUCATION

**2018 – 2021**

**Trnava University in Trnava** • **Department of School Education**

 **&**

**Slovak Academy of Sciences** • Institute for Research in Social Communication

Dissertation thesis • Happiness as an aim, factor and consequence of education

2012 **–** 2017

**Comenius University in Bratislava** • Department of Philosophy

SCIENTIFIC GRANTS AND RESEARCH

APVV 18-0303: 2019-2022 • Milestones in the transitions of intimate relationships and quality of life in adolescence and young adulthood • Research team member

APVV 19-0074 • Strategies for effective reading behavior and their examination in key stages of literacy development • Research assistent

NÚCEM • Analysis of student responses in PISA transnational testing • Research assistent – data coder (01.07.2021 - 30.08.2021)

VEGA 1/0258/18: 2018-2021 • School policy in effects and consequences - case studies of formal education organizations • Research team member

RESEARCH MOBILITIES

University of Pretora • Department of Educational psychology • Pretoria South Africa • september 2022 **–** december 2022

Southern Connecticut State University • Department of Philosophy • New Haven USA • december 2019 **–** march 2020

PUBLICATIONS

**Journal articles**

KALLOVÁ, Nikola. - HNATKOVIČOVÁ, Denisa. - LUKŠÍK, Ivan. A Misfortune or a Beneﬁt? The Quality of Life and the Romantic Relationships of Young People During the COVID-19 Pandemic. In Human Aﬀairs : Postdisciplinary Humanities and Social Sciences Quarterly, 2022.

KALLOVÁ, Nikola. Relationship and dialogue: Evidence of the effectiveness of the Socratic learning and teaching method in research literature. In Pedagogika.sk : Slovak Journal for Educational Sciences, 2021, vol. 12, no. 4, p. 304-313.

HNATKOVIČOVÁ, Denisa. - KALLOVÁ, Nikola. - HARGAŠOVÁ, Lucia. The Other Side of the Coin: A Narrative Inquiry into the Positive Consequences of Extradyadic Relationships Among Young Adults. In Human Aﬀairs : Postdisciplinary Humanities and Social Sciences Quarterly, 2022.

KALLOVÁ, Nikola. Happiness as an Aim of Education. In Human Affairs : Postdisciplinary Humanities and Social Sciences Quarterly, 2021, vol. 31, no. 2, p. 165-174.

KALLOVÁ, Nikola - BARTUŠOVÁ, Michaela. PISA Assessment in Slovakia. Genesis of the Measurement of the Quality of Education and the Person's Sense of Quality of Life. In Our school: a professional methodological magazine for pre-primary and primary school teachers, 2020, vol. XXIII, no. 9-10, p. 17-26. ISSN 1335-2733.

*In print*

KALLOVÁ, Nikola. Happier second graders : How to achieve this based on school documents. In e-Pedagogium, Independent reviewed specialist journal for interdisciplinary research in pedagogy, 2022

KALLOVÁ, Nikola. Methodical guide to increase the happiness of secondary school students. Pedagogické rozhľady. Professional methodical magazine for schools and school facilities. Methodological and pedagogical center of the Ministry of Education (Editor.) , 2022. ISSN 1335-0404

 *Under review*

KALLOVÁ, Nikola. - HARGAŠOVÁ, Lucia. All is well in moderation: perspectives of young adults on positive and negative factors inﬂuencing the quality of romantic relationships (Interpersona: An International Journal on Personal Relationships)

KALLOVÁ, Nikola. - HNATKOVIČOVÁ, Denisa. - LUKŠÍK, Ivan. Young people’s perceived (in)vulnerability during the Covid-19 pandemic and media depictions (European Journal of Mental Health)

KALLOVÁ, Nikola. A Discussion on Educational Aims: Towards Humanistic Educational Aims and What We Can Learn from the Original Aims of Compulsory Schooling (Education and Culture)

*In preparation*

KALLOVÁ, Nikola. – WILSON-FADIJI, Angelina. "We grind each other as stones and get rid of sharp edges": Young people's reported positive change, learnings, growth and self-development through romantic relationships

KALLOVÁ, Nikola. - HARGAŠOVÁ, Lucia. Is it me or you? Focusing on Self versus the Other in the romantic relationships of young adults.

**Peer reviewed conference papers**

KALLOVÁ, Nikola - HARGAŠOVÁ, Lucia. When one wants more than the other: How asymmetry in the desire for a partner affects the quality of romantic relationships in emerging adulthood. In Community Psychology in Slovakia 2021 : Proceedings from 8th Conference. Martina Baránková (Editor) ; reviewers: Jana Tencerová, Katarína Křížová, Bronislava Strnádelová. Bratislava : Institute of Applied Psychology, Comenius University in Bratislava, p. 97-133. ISBN 978-80-223-5292-5.

HARGAŠOVÁ, Lucia - KALLOVÁ, Nikola. Thematic analysis of important moments in intimate relationships of young adults and their subjective benefit. In Community Psychology in Slovakia 2020 : Proceedings from 7th Conference. Martina Baránková (Editor) ; reviewers: Katarína Křížová, Jana Koróniová, Juraj Petrík. Bratislava : Institute of Applied Psychology, Comenius University in Bratislava, p. 51-71. ISBN 978-80-223-5034-1.

KALLOVÁ, Nikola. What we knew about happiness before the emergence of psychology. In Quality of life and quality of relationships : Proceedings from conference Do we need to think, feel and act positively? Nikola Kallová, Ivan Lukšík (Editors) ; reviewers: Blanka Šulavíková, Miroslav Popper. Bratislava : Institute for Research in Social Communication SAV, 2020. 194 p. ISBN 978-80-973370-4-9.

KALLOVÁ, Nikola. Is measurement a necessity when cognizing the quality of life? In Quality of life 2019 : Interdisciplinarity as a wealth of knowledge based on diversity. Monika Kačmárová (Editor) ; reviewers : Peter Babinčák, Matúš Adamkovič, Marcel Martončik, Michaela Šavrnochová. Prešov : Prešov University in Prešov, 2020, p. 212-221. ISBN 978-80-555-2404-7.

KALLOVÁ, Nikola. Reflections on the issue of violence in the philosophy of Erich Fromm, supported by the views of Sigmund Freud. In Daniel Tupý Award 2015. Comenius University in Bratislava, p. 62-69.

**Book chapters**

KALLOVÁ, Nikola. T5 testing as a comparative tool. In KAŠČÁK, Ondrej et al. An inconspicuous reform? : Stories from five-graders' testing. Trnava : Typi Universitatis Tyrnaviensis, 2021, p. 187-214. ISBN 978-80-568-0225-0.

**Edited books**

Quality of life and quality of relationships : Proceedings from conference Do we need to think, feel and act positively? Nikola Kallová, Ivan Lukšík (Editors) ; reviewers: Blanka Šulavíková, Miroslav Popper. Bratislava : Institute for Research in Social Communication SAV, 2020. 194 p. ISBN 978-80-973370-4-9

**Book reviews**

KALLOVÁ, Nikola. Why is happiness research not an entirely positive phenomenon? In Human Affairs : Postdisciplinary Humanities and Social Sciences Quarterly, 2019, vol. 29, no. 2, p. 264-267. (2018: 0.288 - SJR, Q2 - SJR). (2019 - Scopus). ISSN 1337-401X. Reviewed book: The happiness industry: How the government and big business sold us wellbeing / William Davis. - London: Verso, 2015.

CONFERENCE PROCEEDINGS

**Conference Social Processes and Personality 2022**

HNATKOVIČOVÁ, Denisa. - KALLOVÁ, Nikola. Is it possible to benefit from infidelity? Positive

implications of non-consensual non-monogamy for the relationship and the individual in the young

adult narrative. Slovakia (Stará Lesná)

**Community Psychology in Slovakia 2021**

KALLOVÁ, Nikola - HARGAŠOVÁ, Lucia. When one wants more than the other: How asymmetry in the desire for a partner affects the quality of romantic relationships in emerging adulthood. Slovakia (Bratislava)

**Qualitative Approach and Methods in Human Sciences QAK 2020**

LUKŠÍK, Ivan - BIANCHI, Gabriel - FÚSKOVÁ, Jana - GUILLAUME, Michaela - HARGAŠOVÁ, Lucia - HNATKOVIČOVÁ, Denisa - KALLOVÁ, Nikola - MARKOVÁ, Dagmar - POPPER, Miroslav - TURČAN, Ciprian. Transformation of the Self in a time of fluid love. Slovakia (Bratislava)

LUKŠÍK, Ivan - BIANCHI, Gabriel - FÚSKOVÁ, Jana - GUILLAUME, Michaela - HARGAŠOVÁ, Lucia - HNATKOVIČOVÁ, Denisa - KALLOVÁ, Nikola - MARKOVÁ, Dagmar - POPPER, Miroslav - TURČAN, Ciprian. How to examine intimacy? Slovakia (Bratislava)

**Community Psychology in Slovakia 2020**

HARGAŠOVÁ, Lucia - KALLOVÁ, Nikola. Thematic analysis of important moments in intimate relationships of young adults and their subjective benefit. Slovakia (Bratislava)

**Qualitative Approach and Methods in Human Sciences QAK 2019**

KALLOVÁ, Nikola. Happiness and difficulties in happiness research. Czech Republic (České Budějovice)

**Quality of Life 2019**

KALLOVÁ, Nikola. Is measurement a necessity when cognizing the quality of life? Slovakia (Prešov)

**Do We Need to Think, Feel and Act Positively? 2019**

KALLOVÁ, Nikola. What we knew about happiness before the emergence of psychology. Slovakia (Bratislava)

FORMAL UNIVERSITY EDUCATION LECTURES

**Comenius University in Bratislava • Department of Philosophy**

Contemporary philosophy • Perspectives of education

Philosophy of mind • Emotionality in philosophy

Practical philosophy • Philosophy of happiness

**Trnava University in Trnava • Department of School Education**

Social psychology • Me and the world

Pedagogical research • Methodology of science

SCIENCE POPULARIZATION EVENTS

Philosophy of Happiness • lecture and discussion • Festival of Street Culture and Life 2021 (Pezinok)

Implementation of Happiness-Promoting Practices in School Practice • lecture and discussion • Alliance of High School Students (online conference) 2021

Researchers' Night 2019 • Event to popularize science • Bratislava (Stará Tržnica)

Researchers' Night 2018 • Event to popularize science • Bratislava (Stará Tržnica)

PROFFESIONAL REPORTS IN THE POPULAR MEDIA

KALLOVÁ, Nikola. The mysterious moment of choice : Opposites attract or similarity lead to attraction? Scientists have been investigating how we choose a mate. In Quark : a magazine for science and technology, 2022, vol. XXVIII., no. 8, p. 40. ISSN 1335-4000

KALLOVÁ, Nikola. 2022. Why school makes us happy • aktuality.sk

KALLOVÁ, Nikola. 2021. The monograph Academic World and its Traditions recalls the past of the Academy • [www.sav.sk](http://www.sav.sk)

KALLOVÁ, Nikola. 2020. How to be happy (even) during a pandemic • [www.sav.sk](http://www.sav.sk) • [www.teraz.sk](http://www.teraz.sk) • SME blog • ISSN 1335-4418

ONLINE COURSES

The science of well-being • Yale University • Laurie Santos

Dialectical behaviour therapy accredited certificate • Udemy • Elmira Strange